



Diabetes Management program

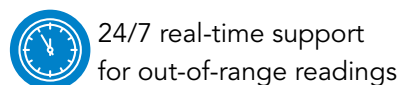
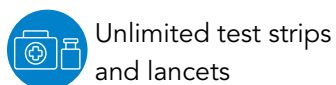
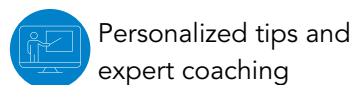
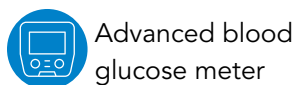
Getting healthy is easier with a little help.

Your Blue Cross Blue Shield of Michigan or Blue Care Network health plan includes a Diabetes Management program. We work with Teladoc Health[®] to offer this program to you at no additional cost.

The program gives you and your covered family members who have Type 1 or Type 2 diabetes easy-to-use tools and personal support to help you stay on track with your doctor's care plan and make lifestyle changes to improve your health.

Uncomplicate your care

Reduce your cost for care and conveniently manage your diabetes in one place with the Teladoc Health app and resources, including:



These resources are available at no extra cost.

Whole-person care

In some cases, diabetes is accompanied by other chronic conditions. That's why the program includes support for related concerns, such as:

Hypertension

Receive a connected blood pressure monitor, digital reports and more.

Weight challenges

Receive a smart scale and one-on-one coaching.

Mental health

Use our self-guided digital resiliency tool.

To enroll, call
1-800-835-2362.
Your registration code is
BLUECROSSMI-START.
Or scan the QR code
to enroll online.



Teladoc Health[®] is an independent company that provides virtual care solutions on behalf of Blue Cross Blue Shield of Michigan and Blue Care Network.
The program is offered at no cost to you and covered family members with diabetes and coverage offered through a Blue Cross Blue Shield of Michigan or Blue Care Network health plan.
Blue Cross Blue Shield of Michigan and Blue Care Network are nonprofit corporations and independent licensees of the Blue Cross and Blue Shield Association.